



## Young Person Guide

### **What can I expect from the club?**

The club will have:

- **A chance for you to become a member** - This will be explained to you when you arrive at the club. You will receive information on how much this will cost, kit you will require, rules of the club, when training sessions are and match information
- **Qualified coaches** - The coaches understand and know how to help you play the best hockey you can
- **Volunteers** - Any adult working within the club will have been on training to ensure they know how to support and look after you  
The club will have a First Aider, Team Managers and a Welfare Officer. Make sure you know who these people are and introduce yourself to them
- **Rules** - There are rules of the game of hockey which you will learn as you play  
There will be rules of the club which you will also learn for example junior members are not allowed to smoke  
These are there for your safety and are not to be broken
- **Opportunities for you to play** - There will be teams and squads of boys and girls your own age that you will get to know and learn how to play hockey with
- **Matches and competitions** - There will be a chance for you to train and play in your club team against other clubs
- **Safeguarding / Child Protection Policies and Procedures** - This provides the club with ways of ensuring you are safe and enjoy your hockey
- **Codes of Conduct** - These clearly state how club members must act towards you and support you. This includes coaches, volunteers, club officials and parents

### **What do the club expect from me?**

- **Code of Conduct**  
The club will have clear messages of how they expect you to behave.  
This may be in the form of a Code of Conduct  
The Code of Conduct will clearly state what is okay and what is not okay for example:
  - Junior members are not permitted to smoke
  - Junior members are not permitted to drink alcohol

### **What do I do if I have a concern?**

- In the first instance go to the club welfare officer or her joint assistant.
- If you do not feel comfortable with this please refer to the '**Safeguarding Contacts for Young People**' download on the website. You will find many contact numbers for local and national support groups.